

August 2024 Volume 28 Number 12



Greetings Community Members!

Joining the team here at the Community Center is an honor. This place is at the epicenter of our home turf and I look forward to con-

tinuing with its mission. As we prepare for BridgeFest, it is impressive to witness the outpouring of community support for our annual tradition. My family is looking forward to attending and we are excited to see all of you there.

A little about myself and my family: I have four children who love living in this beautiful place. We enjoy summer days at the river and lake, and snow days during winter. The mountains bring me peace. Interests of mine include running, hiking, swimming, gardening, camping, wrangling my children and having good laughs with my wife. Giving my children a healthy upbringing and good family life is my goal.

I have also lived in Southern and Central California. Joining the Navy helped me see many parts of the world and we settled here after completing my time in the military. My work history draws upon managerial experience, accounting, logistics and a life motivated by service. Last year, I joined the Bridgeville Fire Department and have enjoyed that very much. I enjoy a job well done, completed to a high standard. Contributing positively to the community I have chosen to raise my children in is my goal.

Feel free to come say hello and share with me the needs of our community. I am at the community center during the week and look forward to serving you. If you or anyone you know of is interested in joining our Fire Department, let's communicate and make that happen.

All the Best, Brandon Benavidez



Bridgeville School Reunion

All former students and faculty are invited. There will be a Bridgeville School Reunion held on Saturday, August 17th during BridgeFest. We are gathering at noon in the gym. BridgeFest will be going on and people can get food if they like, or bring their own, or fast. There will be a short awards ceremony and acknowledgement at 12:45 for Mike Grady and Peggy Rice; former teachers at Bridgeville School.



Better Food for Better Living

2023 CalFresh Income & Eligibility Limits Effective October 1, 2023 – September 30, 2024

Click GetCalFresh.org to apply online



HWY 36 Traffic Report

To get current traffic reports check: https://roads.dot.ca.gov/ or call Caltrans 1 (800) 427-7623

Please drive carefully at all times. Slow Down.

Kindness Matters

Who are the members of the Bridgeville Community Center Board of Directors?

Joyce Church, Brooke Entsminger, Clover Howeth, Lauri King, Gabby Wotherspoon

Bridgeville Community Center Mission Statement

"The Bridgeville Community Center is dedicated to improving the quality of life for all our community members. We are committed to bringing people of all ages together to encourage good health, self-esteem, creativity, and personal development."

Bridgeville Community Newsletter

Published monthly by the Bridgeville Community Center

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Bridgeville Community Center

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PLEASE DONATE

Every \$13 collected allows us to send books to a child for a year, one book a month (12 books a year). We now have 1,400 children enrolled, and have delivered over 15,000 books since we started this program last year. Thanks for sharing the gift of reading.

Thank you.



Blocksburg Harvest Faire Saturday, September 7, 2024

Vendors & Entertainers Wanted

Wanted: Vendors

Sherby (707) 223-1754 Email: sherbynotary@yahoo.com

Wanted: Musicians, Bands, Entertainers

Text (707) 502-5149, Email: rtgarden@gmail.com

Humboldt County Bookmobile



Read A Book They Deliver



Bridgeville School	10:30 - 12:00
Dinsmore (next to Laundromat)	12:45 - 2:15

The Bookmobile comes to Bridgeville and Dinsmore the second Tuesday of the month.

Bookmobile: (707) 267-9933

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Now Printed on 100% Recycled Paper

Comments and corrections are always welcome. Management is not responsible for any errors, omissions, or other editorial mis-statements, intentional or otherwise. The views expressed by the authors do not necessarily reflect the Bridgeville Community Center or its staff. If you have any other concerns, please submit them in triplicate.



\$8,000

\$6,500

Swains Flat Outpost Goal Garden and Store

> **Bear River Resort** & Casino

Forbusco Lumber

Coast Central Credit Union

Humboldt Distillery

Lost Coast Signs & Swag

Humboldt Creamery

Les Schwab

Redwood Glass & Window

Hummel Tire & Wheel Los Bagels

Sisu Extracts

Family Business Music

A M Baird Engineering Greens Pharmacy

Pierson Building Supply

Ruth Lake Marina

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McCrea Motors

Skyfall Humboldt

Humboldt's Premium

CanniFest

Booklegger

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Star's Burgers

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Starbucks Fortuna

Holly Yashi

Wyckoff's Plumbing

Strehl's Shoes

Odin's

TwoCrones Ranch

Out of the Way Café

South Beach Bubbles

Kiskanu

Redwood Thrift

Shelton's Oil Change as of 7-17...AND MORE!





\$5 or 5/\$20 **RAFFLE**



Bridgeville Quilt and 40 more Prizes!





Adult, Women & Child Various Styles & Colors

Intergalactic Gadfly Spirits

By Lauri Rose, WWQ, and Intergalactic Gadfly

Over the years the August Healthy Spirits column has illuminated and entertained you with stories of non-Earth-based Beings, their cultures, their origin myths, their eating habits. This year I've had to forgo my peripatetic perambulations through the Cosmos due to a painful sciatica. I have no wonders of the Multiverse to share. Therefore, I am proposing we delve into one of the most intriguing conundrums that exists universally -Consciousness.

Unlike previous pre-BridgeFest columns, I shall not be enlightening you. I shall simply be leaving you with a laundry list of questions to cogitate on. The only real thing I know about Consciousness is that my good friends the Honorfians are definitely conscious. Don't ever! refer to them simply as "those balls of blue-green snot'.

So what is this slippery phenomena called Consciousness? And who has it? Can something be sentient and/or conscious if it has only a sense of self but no sense of time, no future it looks forward into, no past it learns from? If an organism has no need to willfully change the Universe but simply exists in 'beingness', is it still conscious? Does a conscious organism have to have a sense of self? My dog definitely is conscious, she moves willfully to the food bowl. She knows she isn't me, because I boss her around, but does she know Herself as separate from all that surrounds her? For that matter does a newborn Human? Perhaps there are two levels of consciousness, a basic level that interacts with the environment and a different (let's not get judgmental and call it 'higher') level that recognizes Self as separate from everything

Does consciousness have to reside in something physical? Can there be consciousness without a body holding it?

What constitutes a 'Self'? If a bug wounds a plant, the plant sends out chemicals that plants around it sense and then act to protect themselves from the offending bug. The plants are perceiving the environment and acting willfully in response to changes. Are they sentient? Is there a plant 'someone' who is doing the action?

Is being able to recognize yourself as separate from others the only definition of self-consciousness? Is a single liver cell, which is part of a human, part of that human's consciousness? Is a human, who is made up of many different cells, including bacteria and viruses, part of a greater consciousness than the one used to define themselves? Could we be nothing more than a cell in a larger organism? What would that say about our self-consciousness? Or, a lack there of?

I hope these meanderings stimulate some interesting thinking. As you are thinking you can also be getting ready to strut your best Non-Earth-Being High Couture (i.e. Alien costume) at the Intergalactic Runway Show. Let's demo to the Multiverse that Bridgeville can flaunt it with style!

BCC Commodities/Food Pantry

Friday, August 16

Bridgeville BCC 10am - 4pm

Dinsmore Airport 9am - 11am

Blocksburg Town Hall 1:30pm - 3:30pm

Call BCC at 707 777-1775 for more information.





11:30 - 1:00 For More Information Call 707-777-1775

Please spay and neuter your pets. Need help getting your cat fixed? Call 707 442-SPAY





BCC is partnering with Dell' Arte International to offer a Mask Making Class

BridgeFest is coming and Halloween is around the corner. Come join us for a half-day of exploring mask-making. We will use recycled, everyday materials and teach mask making art skills that can easily translate into other artistic adventures.

You will leave the class with a mask and skills you can reuse in many different crea-

tive processes. This 4-hour class is appropriate for adults and teenagers.

Instructor: Tony Fuemmeler is a nationally known, award-winning mask maker and mask Faculty at Dell'Arte International.

> Class is limited to 25 • Sliding Scale \$5—\$25 Please Pre-register to Lauri at 707-499-8325 OR BCC at 707-777-1775

Funding provided by the Humboldt Area Foundation and Wild Rivers Foundation

"Dear MFP" (*Master Food Preserver*)

By Dottie Simmons



Preserving Pesto

Looking for a fast, delicious dinner after landing your saucer from visiting BridgeFest? Pesto pasta is a cosmic choice!

Pesto is an uncooked seasoning mixture that usually includes fresh basil, garlic, pine nuts and oil. It should be made fresh and stored in the refrigerator no more than 3 days. It may be frozen for long term storage (see below).

It is excellent on pasta instead of (or in combination with!) tomato or cream sauce. It is also good spread on fish or chicken when cooking, on pizza, as a condiment for steamed vegetables or an ingredient in salad dressing!

Classic Traditional Basil Pesto Yield:2 cups

- 2 cups fresh basil leaves (no stems)
- 2 tablespoons pine nuts (or walnuts, almonds, or sunflower seeds!)
- ½ cup garlic cloves, peeled
- ½ cup good olive oil½ cup grated Parmesan
- Combine basil leaves, nuts (or seeds) and garlic in a food processor and process until very finely minced.
- 2. With the machine running, slowly dribble in the oil and process until the mixture is smooth.
- 3. Add the cheese and process very briefly, just long enough to combine. Store in refrigerator or freezer.
- 4. We like to add a teaspoon of salt to the recipe and omit the cheese adding it, freshly grated, when serving.

Pesto can also be made in many variations. You can use garlic scapes (the young flower stalks of hard neck garlic) instead of cloves, you can use parsley, spinach, cilantro, or even kale instead of basil! You can leave out the greens altogether and use sun-dried tomatoes (the type that are packed in oil. Decrease oil in recipe.). Experiment with your favorite herbs and nuts/seeds!

We like to make a Gremolata Pesto. Another traditional Italian seasoning, made with just four ingredients: parsley, fresh garlic, lemon zest and a pinch of salt. Just combine the ingredients and process in a blender or food processor. Adjust the amount of garlic to your taste. This fresh, bright combination is superb on vegetables, fish or chicken.

You will find pesto will darken from oxidation once opened. To slow this process simply drizzle a thin layer of olive oil over the exposed surface before storing.

And, once it is made, nothing could be easier than freezing pesto, simply package in glass freezer jars or plastic freezer boxes, leaving 1/2-inch headspace. Label and freeze.

Questions about food preservation? Contact: bridgevillnews@yahoo.com

Questions about Master Food Preserver Program? Contact: Humboldt County Cooperative Extension Office: Phone: 707) 445-7351, or online at: http://cehumboldt.ucanr.edu



BRIDGEVILLE VOLUNTEER FIRE DEPARTMENT

FIRE EMERGENCY INFO

to fire, medical, sheriff, CHP and other agencies in your area

as needed. If you have children, make sure they know to dial 911 in an emergency.

Practice fire safety - please no burn piles; No dragging chains on trailers or driving on dry grass, use caution with weed whacker and chain saws.

Have a family plan, start putting lists together of what you want to grab. BCC has some handout material on what to pack, and it is available on-line.

- KNOW LOCATION OF IMPORTANT PAPERS AND EMERGENCY SUPPLIES From fire extinguishers and first aid kits to gas shut off valves to pet and livestock needs. A list helps you focus.
- **BE PREPARED** have a go bag and important items consolidated so you can grab and go. Learn CPR and other basic first aid.
- CHECK ON YOUR NEIGHBORS -Try to be aware if there are any elders or folks with disabilities who may need extra help, or let others know if you may need assistance.
- GO BAG BASICS Have a 'Go Bag': tote, back pack or duffel, packed for every member of the household, stored together in one location. ESSENTIALS: Electronics: phone, radio, flashlight or headlamp, batteries and chargers. Personal needs: 3 days worth of meds, glasses, soap, shampoo and dental care, First Aid kit and a multi-purpose tool. Clothing with layers for cooler weather. A waterproof bag with copies of important papers (birth certificate, driver's license, insurance and bank info, etc.). Food and water for 3 days. Energy bars are perfect as is bottled water. Lastly, have some cash, including small bills and a roll of quarters for vending machines.
- IF EVACUATING DUE TO FIRE Before leaving, close all doors and windows, leaving them unlocked, remove curtains and move furniture and other flammable items away from windows. Shut off gas at the meter, turn off pilot lights.
- There is a phone ap called Watch Duty that you can download. It will provide you with fire updates in your area.

TAKE AN ACTIVE ROLE IN YOUR SAFETY: Remember, YOU are your own first responder until outside help arrives. Go to Ready.gov to get information on how to prepare for emergencies by downloading the FEMA app specific to your needs.

Lets be fire safe this summer!

A slice of our Community life in News and Photos. Submit photos or news to katericcay 123@yahoo.com by 20th of each month.

In 2016 Avillia Curvaia Plumx of the 55 Cancri E Exoplanet moved to the outskirts of Bridgeville. In the years since, it has become the primary in the Udder Pradesh Association of Decayed People and a future enrollee of it's homeland's Blue Diamond Decay Club.



Mountain Men! Recognize them?



Kathy Wolff has become a quality oil painter after joining Ted Lichte's painting class at the Center. Classes are on Wednesdays from 10-1. All are welcome, donation is \$5 a class and Materials are supplied.



This Month's Good Memory Picture

2018-19 American Sign Language Class with Lvn Javier teaching Annabelle & Brooke Entsminger; Emelia, Ocean, Keilana and Karianna Brinkhaus-Goodrich and Steena Marigold.









Advance Notice

Golden Gate Community-Wide Garage Sale - Saturday/Sunday September 7&8th. Located off HWY 36.



Thank You

THANK YOU SPONSORS

for making the newsletter possible.

Bridgeville Community Center is a Federal non-profit organization. Please consider donating to support the newsletter and the community center.

To be a sponsor for this newsletter, please send a contribution of \$25 or more to BCC, or through our website via paypal:

> **Bridgeville Community Newsletter** P. O. Box 3, Bridgeville, CA 95526

For Information, contact BCC at (707) 777-1775



326 I Street Eureka, CA 95501 707-444-3044





Ages 9 and up

Saturday, October 5, 9am - 5 pm Bridgeville School Gym - 38717 Kneeland Road, Bridgeville Hosted by Bridgeville CERT

Community Resilience begins with individuals and families taking basic steps to prepare. Come join us and learn what to do before, during and after a disaster, relevant to Northern California. Each Person will receive valuable preparedness items.

The Academy Includes:

- · Create a personal/family emergency kit
- Make a disaster plan
- Choose and create a life-saving first aid kit
- How to keep informed and communicate with others
- Next Steps

Limited to 25 Students

RSVP by Sept 30 https://www.bluelakerancheria -nsn.gov.events.disasterpreparedness-academy-bridgeville

For More Information: rtic@bluelakeracheria-nsn.gov. or (707) 668-5101 X1049

Please bring Box Lunch.

Funded by California Listos

Mad River Community Breakfast

Van Duzen Rd, Mad River 8am -11am, First Sunday



Bridgeville **Trading Post**

BridgeFest needs volunteers. Aliens and humans welcome. BridgeFest is August 17th, and we need all sorts of volunteers to help greet the aliens who will be descending from all points in the sky. Please call BCC, 777-1775. Volunteer for as little as an hour, help with setup the day before or the takedown the day after. Be part of the event and take pride in helping the community.

Pay it Forward

The concept of pay it forward is simple- If someone does something good or kind for you, instead of repaying them for the good deed, you can instead pass your own good act onto somebody else. You don't pay them back — you pay it forward.

An example of paying it forward would be buying a stranger coffee at a coffee shop after someone else bought a coffee for you.

A suggestion, volunteering at BridgeFest is one way to pay it forward. If you volunteer you are doing something good for other community members and your community. Just a thought.

The Mad Group - Invites you to join us!!



When: **Sundays** @ 2:00 pm Wednesdays @ 5:30 pm Where: Mad River Fire Hall

Community Events

The Gathering - Weekly (no longer held on Fridays) First 5 Playgroup & Parent's Support Group -Mondays (see ad)

- Ruth Rodeo August 2 &3,
- Mask Making Class Saturday, August 3,
- Senior Lunch Thursday, August 8,
- Book Mobile Tuesday, August 13,
- Maria has left the building Tuesday, August 13
- Food Pantry Friday, August 16,
- BridgeFest Saturday, August 17, 11am-7pm
- BES first day of School Monday, August 26,
- Community Pot Luck Thursday, August 29, 11:30 -1:00
- Ruth Lake Summer Festival Saturday/Sunday, August 31/September 1, 9am - 5pm

Upcoming Events - Golden Gate Community Yard Sale, Saturday/Sunday, September 7 & 8. Blocksburg Harvest Faire - September 7th



1939 - 2024

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Or Current Resident

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If you wish to be added or removed from the Newsletter mailing list, please contact the BCC.

AUGUST 2024								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
GRIPS the PLASTIC SAYE THE PLANEL	Don't start Smoking. Save money and save your health. Call 1 (800) NO BUTTS			BCC Board Meeting 3:30	2 Ruth Rodeo	Mask Making Class, 12:30 Ruth Rodeo		
4	5	6	7	8	9	10		
Mad River Breakfast 8-11		Fire Board meeting 6pm		Senior Lunch		Fire dept training		
11	12	13 Bookmobile 10:30 - noon Maria has left the building!	14	15	16 USDA Pantry: - BCC 10am-4pm - Dinsmore Airport, 9:00 am-11 - Blocksburg 1:30	BridgeFest		
18	19	20	21	22	23	24		
25	26	27	28	29	30	31		
	BES first day of School			Community Pot- Luck Lunch 11:30		Ruth Lake Summer Fes- tival (&Sunday)		

WEEKLY: Tuesday - Friday 9am - 4pm

Mondays: BCC CLOSED

Kids Play Group & Parent Support Group - Mondays

BCC Community Potluck Lunch - Last Thursday

BCC Board Meeting on first Thursday of month at 3:30pm

www.BridgevilleCommunityCenter.org

"The Gathering" Meeting Change

"The Gathering" is a Substance Use Support Group meeting. The day of the meeting will be changing in August from Friday to a day to be determined. Please call the Bridgeville Community Center to determine which day it is changing to. Held at the Baptist Church on Blocksburg Road just off Highway 36.